**Community mental health tobacco treatment training**

Day 1: Handout 2

Pre-quit patient questions

Applying the Communication skills training to clinical practice

## **Statement 1**

*“I really do want to give up, but it’s hard as my partner and most of my friends smoke.”*

## **Statement 2**

*“I am determined to stop smoking, but I can’t afford to put on any weight and I know if I do,   
I’ll start smoking again.”*

## **Statement 3**

*“What’s the point of quitting, I’ve been smoking heavily for over 20 years now,   
isn’t the damage already done?”*

## **Statement 4**

*“Won’t stopping smoking make my mental health worse?”*

## **Statement 5**

*“You don’t really know what you’re asking me to do. Have you ever smoked?”*